

Glacier Wilderness Adventures
at
Flathead Lutheran Bible Camp

Onsite Basecamp
CAMPER PACKET

2022



On-Site Basecamp CHECKLIST

This is a list of the basic essentials for your trip. You may choose to bring more, however, keep in mind that space may be limited. Certain items of clothing may not be needed every day. Pack light!

<u>CLOTHING¹</u>	<u>PERSONAL ITEMS</u>	<u>OPTIONAL ITEMS</u>
<ul style="list-style-type: none"> <input type="checkbox"/> Boots or Shoes for Hiking <input type="checkbox"/> Gym Shoes/Texas <input type="checkbox"/> Socks (4 pr.) <input type="checkbox"/> Shorts (for sleeping) <input type="checkbox"/> Shorts (2 for play) <input type="checkbox"/> Long Pants <input type="checkbox"/> Swimsuit <input type="checkbox"/> T-Shirts (2-3) <input type="checkbox"/> Long Sleeve Shirt <input type="checkbox"/> Underwear <input type="checkbox"/> Wool Sweater, Fleece, Flannel or Vest <input type="checkbox"/> Hat or Cap <input type="checkbox"/> Rain Jacket/Pants <input type="checkbox"/> Small Washcloth/Towel <p>¹ Keep in mind that cotton fabrics (such as t-shirts and sweatpants) will lose their insulating value once wet. We recommend bringing items made of wool, polypropylene, or polypropylene blends as much as possible. However, you are not expected to purchase a new wardrobe for the trip.</p>	<ul style="list-style-type: none"> <input type="checkbox"/> Sleeping Bag (rated 15-30 ° F) <input type="checkbox"/> Pillow <input type="checkbox"/> 32oz Water Bottle or Hydration Bladder (one quart Nalgene water bottles are available for purchase at camp) <input type="checkbox"/> Toothbrush <input type="checkbox"/> Sunglasses <input type="checkbox"/> Lip Balm (SPF 15+) <input type="checkbox"/> Sunscreen²(SPF 15+) <input type="checkbox"/> Insect Repellent² <input type="checkbox"/> Bible <input type="checkbox"/> Small Notebook <input type="checkbox"/> Pencil or Pen <input type="checkbox"/> Soap & Shampoo <input type="checkbox"/> Deodorant <input type="checkbox"/> Toothpaste <input type="checkbox"/> Flashlight <p>² Certain items can be shared between members (i.e. not everyone needs to bring sunscreen for the lake.)</p>	<ul style="list-style-type: none"> <input type="checkbox"/> Camera <input type="checkbox"/> Books <input type="checkbox"/> Cards <input type="checkbox"/> Dice <input type="checkbox"/> Binoculars

***Please be prepared to put away cell phones and other electronics while at camp.**

TRIP ITINERARY AND DESCRIPTION

Onsite Basecamp

Flathead Lutheran Bible Camp

For the onsite basecamp week, you and your counselors will participate in a variety of exciting adventures. Some options for activities include canoeing, hiking around camp, high and low ropes course, a day of sailing, cherry picking, rafting, and/or service work. The schedule below lays out what a typical day may entail, but the final details may be subject to change.

Sample Itinerary for Sailing / Kayaking / Onsite

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	
7am		Pack					
8am		Breakfast at Dining Hall	Breakfast	Breakfast	Breakfast	Resurrection Service	
9am		Morning Activity (Canoeing, high ropes, hike...)	Morning Activity (Canoeing, high ropes, hike...)	Morning Activity (Canoeing, high ropes, hike...)	Morning Activity (Canoeing, high ropes, hike...)	Breakfast	
10am						Bible Study and Packing for Home	
11am							
12am							
1pm		Lunch	Lunch	Lunch	Lunch	Depart for Home	
2pm		Bible Study	Bible Study	Bible Study	Return to Camp		
3pm		Arrival and Welcome	Free Time (Swimming, Group Games, boating...)	Free Time (Swimming, Group Games, boating...)	Free Time (Swimming, Group Games, boating...)		Free Time (Swimming, Group Games, boating...)
4pm							
5pm							
6pm	Meet Counselors Dinner Behind Dining Hall	Dinner	Dinner	Dinner	BBQ Dinner		
7pm	Group Building Activities/games	Camp Life (Campfire, Hike, Low Ropes, Team games)	Camp Life (Campfire, Hike, Low Ropes, Team games)	Camp Life (Campfire, Hike, Low Ropes, Team games)	Camp Life		
8pm	Wilderness Worship				Campfire		
9pm	Examen	Examen/evening activity	Examen/evening activity	Examen/evening activity	Passion Play		
10pm					Processing		

ANSWERS TO COMMON QUESTIONS

WHO WILL BE LEADING US ON OUR TRIP?

Each group will be led by at least two Flathead counselors (1 male, 1 female). Counselors are chosen on the basis of maturity, safety, physical ability, theology, and wilderness skills. To ensure safety, our guides are trained and certified in Wilderness First Aid and CPR.

WHAT ARE THE LIVING ARRANGEMENTS & RESTROOMS LIKE?

You will be staying in tent cabins and sleeping on 3 inch camp mattresses during your time at Flathead Lutheran Bible Camp.

At camp you will eat meals prepared by the dining hall. FLBC strives to provide healthy, tasty, and filling meals. You will also have opportunities at your "Basecamp" to cook your own meals as a group. You will have access to snacks in the canteen during free time.

Flush toilets and showers are available while at the Flathead Lutheran Bible Camp, and outhouses in certain areas.

WHAT IS THE WEATHER LIKE?

Come prepared to experience Montana. The weather can be erratic temperatures range from the 90's to the 40's – sometimes warmer and sometimes colder. Once the sun goes down, the temperature cools off quickly!

WILL WE BE ABLE TO HAVE CAMPFIRES?

We will have a campfire every night unless fire restrictions are in place.

WHEN DOES OUR EXPERIENCE END?

Your week concludes on Friday. All adventure and servant groups will gather for a BBQ Thursday evening, then join the rest of the campers at Flathead for the Passion Play Thursday evening. Friday morning includes the Resurrection Service and brunch, in addition to activities designed for reflection on the week.

IS THERE A CAMP STORE?

Yes, we have a camp store which sells water bottles, t-shirts, sweatshirts and other clothing items...Plus yummy snacks!