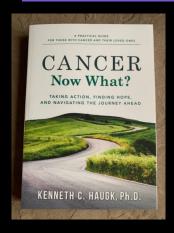
Lisa serves as the on-site camp nurse for our <u>Lutherhaven</u> All Church Camp each summer.

### **WALK THEN TALK**

is a SLC weekly small group led by Lisa, focusing on faith and being healthy. Following a 45 minute walk, folks engage in a 30 minute discussion of scripture. Contact Lisa to put on those walking shoes!





Lisa oversees the medical equipment lending locker and maintains our Automated External Defibrillator at SLC.

When an individual is diagnosed with cancer, life changes in an instant and one embarks on a new, unexpected journey.
Lisa shares with folks the SLC gift of the "CANCER Now What?" resource and further connects as needed.



For more information or to volunteer your time please contact:

Lisa Ottenbacher, MSN, RN Faith Community Nurse

parishnurse@silverdalelutheran.org 360-633-5042

Lisa is at SLC most Sunday mornings and on Tuesdays. Please call for an appointment.

### Love in Action

## SLC Health Ministry Faith Community Nurse

The health and well being of our community of faith was enhanced eleven years ago, when Silverdale Lutheran Church chose to embark on a specialized ministry. Through the commitment of Lisa Ottenbacher, MSN, RN we began a Health Ministry in partnership with Faith Community Nursing. A retired U.S. Navy nurse, Lisa volunteers her time and expertise to provide SLC's Health Ministry. A Faith Community Nurse (FCN) is a registered nurse



who combines both nursing and spiritual commitment in a healing ministry in a faith community. Lisa is a trained FCN who offers health focused visits to members in their homes, the hospital or long term care and rehabilitation facilities. Through our Health Ministry, Lisa provides individual health counseling, educational sessions, and at times end of life bedside care.

Thank you, Lisa, for your faithful servant heart which touches the lives of countless folks each year on their journey toward health!

We are grateful for you doing God's work with your hands these many years!

If you are healthcare professional (i.e. primary or specialty care provider, pharmacist, nutritionist, physical/occupational therapist) and would like to share your expertise via a presentation or an article, please give Lisa a call. Lisa regularly publishes health related articles in the Beacon.

We have a wealth of wisdom within the SLC family...let's strive to make us a healthier community through shared knowledge and experiences.

SLC's vital <u>Care Ministry of Care Sharing, Eucharistic</u> <u>Ministry & Grief Ministry</u> is overseen by Lisa.

One of Lisa's ministries is coordinating and delivering the donations by SLC folks for Eastside Baby Corner - West Sound.



Lisa networks regionally with the district Congregational Health Ministries group for conversation and the sharing of ideas.



During 2019, 15 bears and 17 memory pocket pillows were shared with 5 different grieving families. Lisa is the contact for this ministry.

# Touchstone Bear Ministry Touchstone Bears and Memory Pocket Pillows are lovingly crafted from a loved one's fabric to create a touchable memorial given to grieving families. These memorials are made by a generous anonymous donor.



God's work. Our hands.