

March 6, 2019

# Love in Action

## SLC Hearty Meals - 25 Years Strong



Each luncheon plate is dishd up hot and then served to the individual guest at their table as they arrive.



Seasonal flowers, a table prayer and information on local community resources are in the center of each dining table.



### Hearty Meals

Coordinator: Audrey Ebeling

Chief Cooks during each month:

- Week 1 Barb Smithson & Sue Stark
- Week 2 Audrey Ebeling
- Week 3 Sherry Dungjen
- Week 4 Bee Rose
- Week 5 Rotate or Guest Cook



Each Wednesday at noon for the past 25 years, a "hearty" & nutritious free meal has been served to our community. The doors to the SLC Fellowship Hall open and smiling volunteers welcome folks to a delicious lunch and friendly conversation. Every month 18 - 20 volunteers make this ministry a reality. Five people serve each week, with others rotating along side of them...always from 9:00am to 1:30 or 2pm. With ages from 60 into their 90's, this ministry team gives 2,000+ hours of their time each year! Some folks have volunteered for over 20 years with this weekly ministry.

In 2018, Hearty Meals served 3,060 healthy meals with an average of 63 meals per week. The weekly meal cost is between \$75 - \$90. With an average annual budget of \$4,500, this ministry is funded by SLC benevolence, memorial gifts, a Summer Brunch and individual donations.

Audrey Ebeling began volunteering at Hearty Meals with her husband Dieter in 1999 and then became the Coordinator in 2003. Going from cooking for two to 70 was a real challenge. Audrey shares: *"This isn't a one person job. We have a great group of volunteers each week who know what to do. We believe we are serving our guests nutritious meals like we would serve our family. It is a pleasure knowing we are meeting the needs of the people if for only one meal a day. We offer a warm, safe, and comfortable place, complete with flowers on the table, and a meal prepared and served by people who care for God's people. We are all called to serve and I believe this is my talent."*



Thank you, Hearty Meals volunteers, for doing God's work with your hands and welcoming smiles each Wednesday!

## God's work. Our hands.



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